



DID YOU KNOW?



We use red tractor or
farm assured meat in
our schools.



We use MSC Certified Fish
to encourage sustainable
fishing practices

Our seasonal fresh vegetables are sourced from local farms
wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical
reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to
unforeseen circumstances



MOSIAC JEWISH SCHOOL

SPRING / SUMMER 2021

MENU



WEEK 1

19/04/2021, 10/05/2021, 31/05/2021, 21/06/2021,
12/07/2021, 30/08/2021, 20/09/2021, 11/10/2021

WEEK 2

26/04/2021, 17/05/2021, 07/06/2021, 28/06/2021
19/07/2021, 06/09/2021, 27/09/2021, 18/10/2021

WEEK 3

03/05/2021, 24/05/2021, 14/06/2021, 05/07/2021
26/07/2021, 13/09/2021, 04/10/2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Quorn Hot Dog with Jacket Wedges (V)
or
Vegetable Bolognese with Spaghetti (Ve)
Sweetcorn, Garden Peas
Chocolate Cookie (V)

Jerk Chicken with Rice & Peas (WG)
or
Vegetable Chow Mein (V)
Broccoli Florets, Cauliflower
Courgette & Lime Cake (V)

Szechuan Beef with Egg Noodles
or
Jacket Potato with Veggie Chilli (Ve)
Green Beans, Sliced Carrots
Vanilla Alpro Yoghurt (Ve)

Chicken & Sweetcorn Puff Pie with New Potatoes
or
Tomato & Basil Pasta Bake (Ve) (WG)
Medley of Vegetables
Raspberry Jam Sponge with Custard (V)

MSC Salmon Fish Fingers with Chips
or
Cheese & Tomato Pizza with Chips (Ve) (WG)
Baked Beans, Oven Baked Courgettes
Fruit Salad (Ve)

V – Vegetarian Ve – Vegan WG – Wholegrains



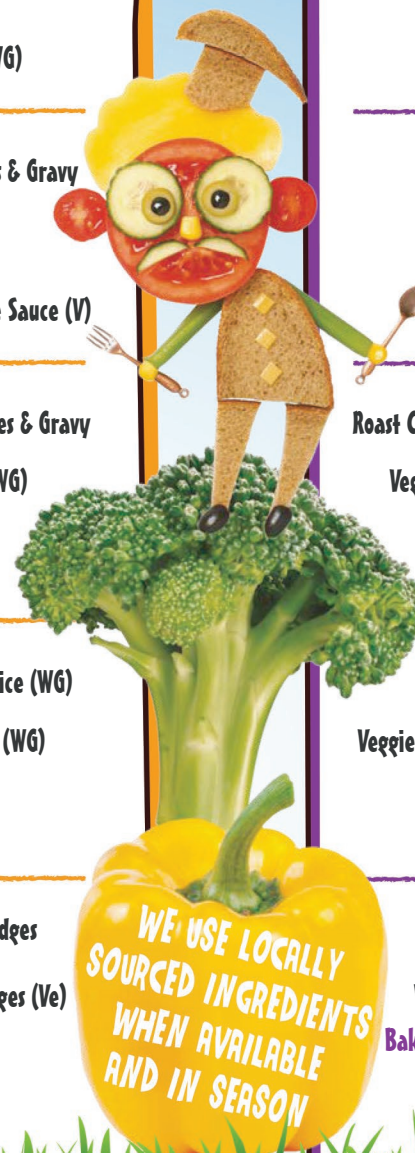
Veggie Mince Chilli Tacos with Savoury Rice (Ve)
or
Jacket Potato with Baked Beans (Ve)
Green Beans, Cauliflower
Apple & Sultana Flapjack (Ve) (WG)

Chicken Sausage with Mashed Potatoes & Gravy
or
Shepherdess Pie (Ve)
Medley of Vegetables
Chocolate & Pear Sponge with Chocolate Sauce (V)

Roast Beef with Rosemary Roast Potatoes & Gravy
or
Vegetable Arabiatta Pasta (Ve) (WG)
Sliced Carrots, Super Greens
Orange Jelly with Pears (Ve)

Chicken Tikka Masala with Steamed Rice (WG)
or
Vegetable Enchilada with Rice (Ve) (WG)
Sweetcorn, Broccoli Florets
Cherry Swirl Sponge (V)

MSC Battered Fish with Jacket Wedges
or
Cheese & Leek Pasty with Jacket Wedges (Ve)
Baked Beans, Garden Peas
Fresh Fruit Platters (Ve)



Sticky BBQ Chicken with Rice (WG)
or
Ratatouille Pasta Bake (Ve) (WG)
Broccoli Florets, Sweetcorn
Alpro Chocolate Yoghurt (Ve)

Beef Ragù with Penne Pasta (WG)
or
Vegetable Biryani (Ve) (WG)
Shredded Carrots, Green Beans
Pineapple Upside Down Cake (V)

Roast Chicken with Roast Potatoes, Stuffing & Gravy
or
Vegan Sausage Roll with Roast Potatoes (Ve)
Medley of Vegetables
Strawberry Jelly with Fruit (Ve)

Chilli Beef with Rice (WG)
or
Veggie Sausages with Parsley Potatoes & Gravy (Ve)
Garden Peas, Sliced Carrots
St Clements Sponge (V)

MSC Bubble Crumb Fish with Chips
or
Veggie Burger in a Bun with Chips (Ve)
Baked Beans, Roasted Courgettes & Tomatoes
Fruit Salad (Ve)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.